

sowing **seeds**  
of **joy**

South Africa



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# WHO ARE WE?

NON-PROFIT ORGANISATION 152-020

## VISION

**“CONNECTING ORDINARY PEOPLE TO EXTRAORDINARY STORIES”**

## MISSION

**TO COME ALONGSIDE THE LOCAL BODY OF CHRIST, AND ASSISTING IN MOBILISING  
AND MOTIVATING THEIR MEMBERS TO FULFIL GOD’S VISION**

# IT ALL BEGAN WITH A CALLING...

- SOWINGS SEEDS OF JOY SOUTH AFRICA WAS LAUNCHED IN 2015 WITH A VISION TO REACH LOCAL AND MARGINALIZED COMMUNITIES, BOTH NATIONALLY AND INTERNATIONALLY
- SSOJSA IS A PARA-CHURCH ORGANISATION THAT COMES ALONGSIDE LOCAL CHURCHES AND COMMUNITIES

# WHAT WE DO? MENTAL HEALTH TRAINING WORKSHOPS

WE OFFER GROUP WORKSHOPS TO EQUIP COMMUNITY MEMBERS, SPIRITUAL LEADERS, CAREGIVERS, AND SERVICE PROVIDERS OF ALL TYPES (TEACHERS, PUBLIC SERVANTS, CARE WORKERS, ETC.) TO GAIN A GREATER UNDERSTANDING OF SELF, PEOPLE, MENTAL ILLNESS AND TRAUMA;

LEARNING HOW TO APPLY HOLISTIC MODELS TO SELF AND OTHERS TO IMPACT OTHERS IN A POSITIVE WAY THROUGH SAFE, COMPASSIONATE , AND COORDINATED CARE



# WHAT WE DO? CHILDREN'S TRAUMA HEALING WORKSHOPS

WE OFFER COMMUNITY KIDS PROGRAMS THAT FOCUSSES ON HOLISTIC TRAUMA HEALING FOR CHILDREN IN IMPOVERISHED COMMUNITIES WHO STRUGGLES WITH VARIOUS TRAUMATIC CIRCUMSTANCES, SUCH AS ABANDONMENT, NEIGHBOURHOOD GANGSTERISM AND VIOLENCE, ABUSE, NEGLECT, FAMILY DIVORCE, DEATH, LOSS AND GRIEF, ETC.



# WHAT WE DO? MENTAL HEALTH COUNSELLING SERVICES

WE OFFER MARRIAGE AND FAMILY COUNSELLING, GRIEF,  
TRAUMA, SUBSTANCE ABUSE AND GENERAL COUNSELLING  
FOR INDIVIDUAL, FAMILIES AND GROUPS



# WHAT WE DO? OCCUPATIONAL THERAPY SERVICES AND SUPPORT

WE PARTNER WITH AN OCCUPATIONAL THERAPIST THAT OFFERS SUPPORT TO ADULTS, FAMILIES, AND CHILDREN WHO NEEDS EXTRA SUPPORT.

SUPPORT IS GIVEN TO HELP CHILDREN WITH OPTIMAL LEARNING AND DEVELOPMENT, AND RECOMMENDATIONS AND SUPPORT IS PROVIDED TO FAMILIES AND ADULTS TO ASSIST WITH EMOTIONAL, PHYSICAL AND SOCIAL BARRIERS TO IMPROVE HEALTH, WELLBEING AND QUALITY OF LIFE.



# WHAT WE DO? MENTORING AND MISSIONS MOBILISING

BUILDING RELATIONSHIPS AND PARTNERSHIPS LOCALLY AND INTERNATIONALLY, PARTNERING WITH COMMUNITIES, CHURCHES AND ORGANISATIONS TO MOBILIZE INDIVIDUALS TO FULFIL THEIR CALLING AND PURPOSE IN LIFE.



# HOW YOU CAN SUPPORT

- **PRAY** FOR OUR MINISTRY
- **GIVE** FINANCIALLY
- **JOIN** IN WITH ONE OF OUR WORKSHOPS, MISSIONS TRIPS AND/OR SERVICES

- **GIVE AT:**

[HTTPS://WWW.SOWINGSEEDSOFOFJOY.ORG/GIVE](https://www.sowingseedsofjoy.org/give)

- **FIND OUT MORE:**

[WWW.FACEBOOK.COM/SSOJSOUTHAFRICA](http://WWW.FACEBOOK.COM/SSOJSOUTHAFRICA)

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